

Fukushima Prefecture

## MY HOME: NIHONMATSU, FUKUSHIMA

Hello! My name is Ellen. I am currently living and working in Japan as a teacher on the JET programme. I moved to Japan in August 2023, so I've been here for 5 months now. I grew up in Orkney, but have always had a passion and interest in Japan and Japanese culture, so it really is a dream to be living here. I am excited to share what my life is like in Japan and some of the amazing experiences I've had so far!



Sukagawa fire festival



Aizuwakamatsu Castle

I live in Nihonmatsu, a small city in Fukushima Prefecture. Sadly there is prejudice around Fukushima due to the nuclear disaster. However, it is completely safe! This is a fantastic (and underrated) prefecture with exciting festivals, beautiful onsens, Temples , mountain hikes and waterfalls, Ski resorts, beaches, cities, famous Kitakata ramen and the best peaches in the country!



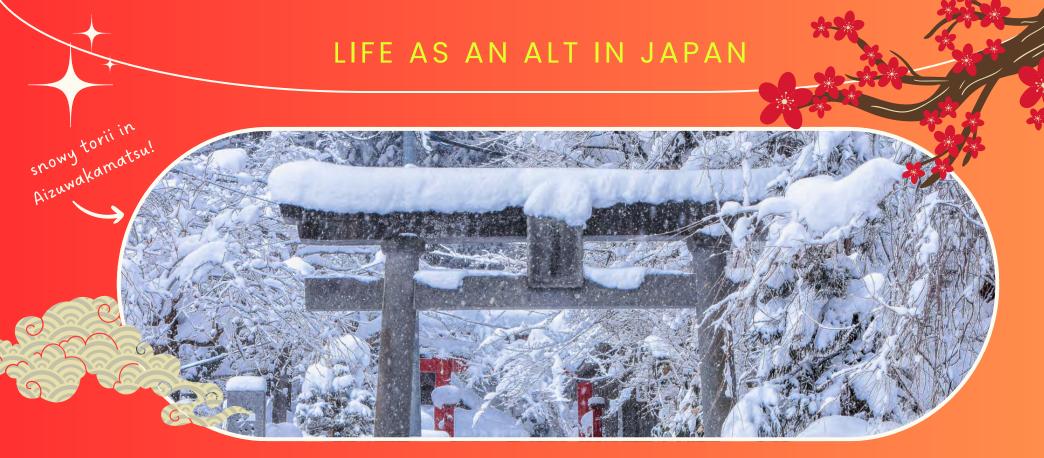
Ldanced in Naganuma festival 長沼まった



## Nihonmatsu

## LIVING IN THE INAKA

Nihonmatsu has a population of around 54,000 ~ coming from Orkney, I think this is big! However, it is considered 'inaka' (countryside). I do literally live next to rice fields. It has delicious local sweet shops, ramen and sushi, soba and sake. I also love being 10 minutes from mountains and forests. It has a lovely temple in the centre of town, and a castle. Nihonmatsu also has one of the best festivals in Fukushima; the Chochin Matsuri (top picture), those are all flaming lanterns.



## Celebrating Christmas and New Year in Japan!

### A FUKUSHIMA CHRISTMAS

This was my first year celebrating Christmas away from home. It is true, in Japan people eat KFC on Christmas! You even have to preorder weeks in advance. I was also surprised to find that it is customary for 'Christmas cakes' here to be strawberry cream cakes. → To my shock, there were also no advent calendars! Christmas day itself felt very much like a normal day here, I was scheduled to work on Christmas day too but I took it off to celebrate with my friends. I also had my 'bonenkai' (end of year party) with my School teachers and staff, which was very fun. Lot's of eating, drinking and games.





# Year of the dragon

## **AN OSAKA NEW YEAR**

I decided to go to Osaka for Shōgatsu, or New Year. Shōgatsu is an important celebration here, it is customary to visit a shrine or temple to pay respects and get a fortune for the new year. We ate toshikoshisoba and the best ramen I've had in my life! Osaka has a cool, vibrant energy, especially in Shinsaibashisuji and Namba, which is where I stayed. Of course we did karaoke too. Osaka also has a big party scene, so it was the perfect place to go to celebrate the New Year.